

PATIENT INFORMATION

Trental

Adjuvant therapy

What is adjuvant therapy?

Adjuvant therapy, also known as 'add-ons', adjunct, complementary or alternative therapies, are recognised as an addition to standard assisted reproductive treatment and may be recommended to you with the intention to increase your success during your fertility treatment. There are numerous options available to you when accessing adjuvant therapies, including but not limited to the technology in laboratories, medical procedures, prescribed medications, nutritional supplements, and traditional medicines such as Chinese medicine, including acupuncture.

At present, the effectiveness of many adjuvant therapies is unknown, with little to no evidence that they will increase the success of your treatment or improve live birth rates. However, your health care provider may recommend adjuvant therapy when considering your medical history and tailoring your treatment plan.

It is important to consider the effectiveness, risks and financial costs of adjuvant therapies.

What is Trental and how it is normally used?

Trental is a type of medicine used to improve the circulation of the blood, this then helps carry more oxygen around the body to all the organs and tissues. It is often used to treat the symptoms of a condition called chronic occlusive arterial disease.

Why is Trental recommended, and will it increase the success of my treatment?

Your fertility specialist may recommend Trental to you if you have a history of embryo implantation failure. It is thought that Trental can increase uterine blood flow and may assist with uterine receptivity at time of embryo transfer.

What are the common side effects?

Some common side effects can include:

- nausea, vomiting or an upset stomach
- stomach bloating or irritation
- diarrhoea or constipation
- Dizziness
- Headache
- Problems sleeping
- Blurred vision
- Drowsiness
- Irregular heartbeat
- Rash

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Regarding any additional side effects or contraindications for Trental, please refer to the Consumer Medicine Information (CMI) sheet.

Please notify your fertility specialist if you:

- Tremor
- Bleeding or bruising more easily than normal
- Yellowing of the skin and eyes (jaundice)

Are there risks to using Trental during pregnancy?

Trental is a Category B1 drug, meaning drugs which have been taken by only a limited number of pregnant women and women of childbearing age, without an increase in the frequency of malformation or other direct or indirect harmful effects on the human fetus having been observed.

We recommend stopping the use of Trental before an embryo transfer occurs to ensure optimal safety.

What are the costs?

Cost of Trental: The cost of Trental will vary depending on the brand and pharmacy. A box of 400mg tablets could cost you around \$43.00.

Is Trental included in the cost of my cycle: Trental is an additional expense and is not included in the cost of your cycle.

The information provided above is intended for educational purposes only and should not be used as a substitute or replacement for medical advice received from a medical professional. It is important to discuss your individual circumstances and situation with your treating doctor.